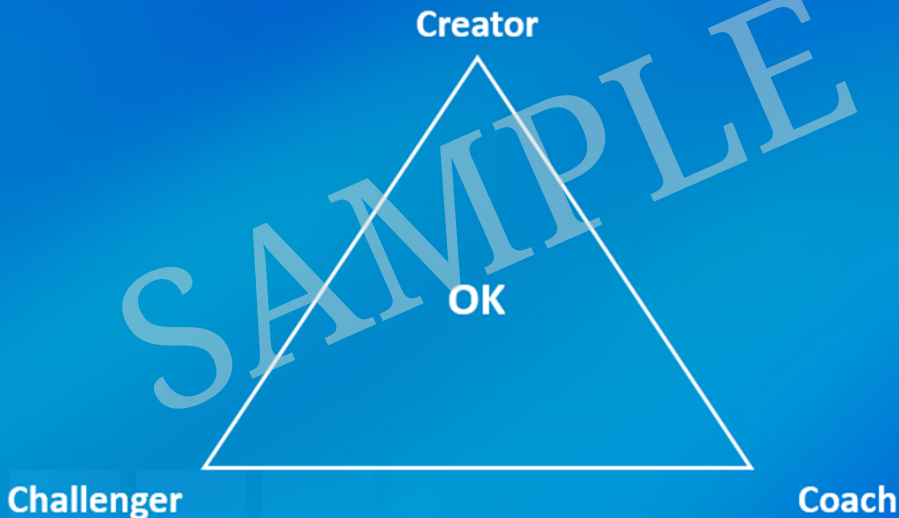


Adapted From David Emerald's Empowerment Dynamic

# The Empowerment Dynamic

**“Opportunity-Focused Growth Mode”**



Adapted From Steve Karpman's Drama Triangle

# The Drama Triangle

**“Problem-Focused Survival Mode”**

**Persecutor**

**Rescuer**

**(Not-OK)**

**Victim**